

The logo for 'Coaching Artistry' is written in a golden, cursive script. It is centered within a black banner that features glowing, wavy lines in shades of orange and red along its top and bottom edges.

"Helping you to achieve performance excellence"

# Creating Success...

February 9th, 2011

Hi **Simone Niles**

Welcome to our 8 new subscribers this week!

In my previous newsletter, I wrote an article about 'knowing what you want' - [click here](#) if you missed it. In order to move forward in any or all areas of your performance you must first know where you are at present.

Use this [Resource](#) to help you do your own self assessment and keep it as a reference to use later on.

I have seen many performers from varied disciplines and one thing that stands out is a desire to do and be better. As artists, we know it isn't always easy to make a living with our art or skill and as such many of us give up on our dreams or settle for less. While making a living is a necessity and certainly a priority for the vast majority, we must still find time to improve ourselves as artists if we wish to do something different in the future (not necessarily distant!).

Take a moment now to remind yourself who you really are as an artist and what you really want to do. Share your reflections in our [online community](#) and find support from others.

Until next time, be well...

Simone

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## NEWS

A new article I have written with a colleague is out now in the February issue of Rhythm Magazine. It's all about **performance anxiety** and gives you helpful tips on how you can overcome it.

Read the article [here...](#)

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## SIMONE RECOMMENDS

**CREATIVE WEEKEND WORKSHOPS!** Come and explore a varied set of topics in a warm, friendly and inspiring environment. These workshops will provide you with tools and techniques to improve your performance and you will take away practical guides on how to follow through.

Upcoming topics:

Harmony for Beginners to Advanced (Singers)

Be a Confident Performer (All Welcomed)

Overcome Performance Anxiety (All Welcomed)

[Click here](#) to find out more!

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## ABOUT SIMONE



Simone has been an **active vocalist and tutor** for the past 16 years. She teaches privately, as well as in colleges and universities within contemporary styles of music - jazz, blues, funk, reggae, pop, R&B, soul. She has worked with a variety of artists from diverse backgrounds including Eddy Grant, members of Pink Floyd as well as Michael 'IBO' Cooper and Willie Stewart of Third World. She has performed in The Royal Albert Hall and Barbican (London) to name a few, as well as the famous 'House of Blues' (Sunset Strip, Los Angeles). She has also collaborated with a host of artists and DJs including Jeremy Healy and Alex Patterson.

Simone's experience has given her insight into the world of performance artists and her **passion for helping others to achieve their true potential** led her to become a Performance Coach, assisting performers from various disciplines - **musicians, athletes, actors and songwriters to achieve excellence in their performance**. Simone is a qualified Life Coach (Coaching Academy), TFT Practitioner (Progress Therapy) as well as a NLP Master Practitioner. She trained with Richard Bandler (co-founder of NLP), Paul McKenna and Michael Neill.

[www.coachingartistry.com](http://www.coachingartistry.com)

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